



MOUNTAIN MADNESS
CYCLE TOURS

Jasper & Banff
Custom Bike
Tours Available

780.885.9813
mountainmadnesstours.com

Jasper to Banff 5 day, 4 night Cycle Tour (Hotel)

Thursday 25th July 2024: Transfer to Jasper

Coffee in hand, you will be picked up from your accommodation bright and early this morning for your transfer to Jasper. We'll make a quick lunch stop in Hinton and arrive in Jasper around 1pm.

Options for the afternoon include hiking Malign Canyon, or riding from Maligne Lake to [Beckers Chalets](#) located just outside Jasper (50km mostly downhill), where we'll stay the night.

Meals included: Dinner

Friday 26th:

Icefields Parkway to Sunwapta Falls – Total Distance: 50km (31 miles)

After an 8am breakfast at the onsite restaurant, the morning will be available for Hikes or additional rides.

Options include a drive up to the base of Mt Edith Cavel for a short hike up to the glacier and lake, additional rides up to the local ski hill, Gondola ride and hike to the top of Whistlers Peak, Hike up to and around Old Fort Point. We'll discuss all the options in more detail once we meet and come up with a good plan.

After lunch and a quick review of the route, elevation, and bike safety tips, you and the group will set off on an epic adventure as you are guided out of town and onto the beautiful Icefields Parkway. Watch out for wildlife and townsfolk cheering you on! There will be one rest stop at the spectacular Athabasca Falls which will help bring the group back together, as well as supply you with some nutrition. We will then continue on to our accommodations at the [Sunwapta Falls Rocky Mtn Lodge](#). A delicious 3-course meal will be served in the on-site restaurant.

Things to Do:

- After dinner, relax with a glass of wine in front of your in-room fireplace (available in most rooms).
- Take a short, 1km walk down to the nearby falls and venture along one of the many hiking paths that snake along the river.
- Sit out on the deck of your cabin and watch the moon journey across a stunning mountain backdrop, with the sounds of nature at night rising all around you.

Meals included: Breakfast, Lunch and Dinner

Downloadable Map for your GPS device: <https://ridewithgps.com/routes/29836210>



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Saturday 27th:

Sunwapta Falls to Saskatchewan River Crossing – Total Distance: 98km (62 miles)

A bountiful, gourmet breakfast is served around 8am. After a quick briefing of the route, hills (aka “bumps”) and rest stops, we’ll hop on the bikes and hit the road for the day’s journey to Saskatchewan River Crossing. We’ll climb past Tangle Falls and over the BIG bump, making our way towards our lunch stop in the shadow of the great Columbia Icefields, from which flow the Athabasca and Dome glaciers. After a nutritious meal and a well-deserved break, we’ll get back in the saddle and ride the scenic Sunwapta Pass. A rewarding 15 km downhill section awaits as we sweep down towards the valley floor again and on to the impressive cliffs and waterfalls of the Weeping Wall. A few rest stops along the way will break up the journey, provide photo opportunities, and give the group a chance to re-congregate as necessary. We’ll then conquer the remaining rolling hills accompanied by the sound of flowing rivers and in the presence of towering, snow-capped mountains. Before you know it, you’ll be enjoying a cold drink under Mt. Wilson at the *Crossing Resort*. You’ll be tired but satisfied knowing you’ve just knocked off the longest day of cycling of the tour.

Traveler’s Tip: Keep an eye out for the Crossing on your left as you approach! After nearly 100kms and with a 360 degree view of Mountains surrounding the resort, a tired traveler or two have been known to inadvertently sail on by!

Things to Do:

- We can drive you 5 mins down the road for a 2km round trip walk to see Mistaya Canyon
- Enjoy the outdoor patio at the pub! Take in some stunning scenery while you recount the adventures had and memories made over the day’s kilometres.

Meals included: Breakfast, Lunch and Dinner

Downloadable Map for your GPS device: <https://ridewithgps.com/routes/29845808>

Sunday 28th: Bow Pass to Lake Louise – Total Distance: 85km (53 miles)

After fuelling up at breakfast you’ll climb out of the valley in the shadow of Mount Murchison. Shortly after, the terrain levels off again and you’ll cruise easily past endlessly changing vistas of mountains, turquoise green Glacial Lakes and abundant wildlife. Bow Pass, the final challenge of the tour awaits – but feel free to take it at your own pace. Your reward will be witnessing a panoramic view like no other of Peyto Lake far below; in the distance, the valley that you’ve been riding down for the past few days can be seen in all its glory, surrounded by mountains as far as the eye can see. You’ll descend to the shores of Bow Lake for a well-deserved lunch break in a breathtaking setting before we essentially roll downhill all the way to Lake Louise. The lovely and well-appointed *Mountaineer Lodge* is where you’ll rest your head tonight.

Traveler’s Tip: the Bow Pass ascent is long, but manageable! Don’t forget, though, that you can always hop in the van if you’re not feeling the love for it at any moment!

Things to Do:

- Relax after the ride in the hot tub or steam room.
- Stretch your legs with a leisurely walk through the quiet village of Lake Louise.
- Get your group together and hop into the van for a jaunt up to the stunning Lake Louise and Moraine Lake, the area’s namesake. These turquoise, glacier-fed lakes are situated in an amphitheater of towering mountains and is absolutely a must-see!

Meals included: Breakfast, Lunch and Dinner

Downloadable Map for your GPS device: <https://ridewithgps.com/routes/30019117>



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Monday 29th: Final ride into Banff / Canmore – Total Distance: 60 to 85 km (37 - 53 Miles)

After the last few days, today will be a breeze. You'll pedal the final 60km on gently rolling hills and flats towards Banff on the historic Bow Valley Parkway. Shaded by ancient trees, this final leg of the tour offers plenty of time for peaceful reflection in lush surroundings. We'll take a rest break under the awesome Castle Mountain before joining a bike path that brings us into the world-class town of Banff. You'll be able to take in all the magnificence of Banff's surroundings including Mt Rundle, Cascade Mountain and Vermilion Lakes from the peace and quiet of your bike. From here, you'll have the option of finishing the cycling portion of the tour **or** continuing to challenge yourself by riding an additional 25km on a dedicated bike path to Canmore. You can then sit back and relax, as we will provide transfers to Calgary or Edmonton where you can continue your travels.

Traveler's Tip: If you'd like to extend your stay in the Banff area (which we highly recommend!), we will happily provide transfers to your hotel in town.

Meals included: Breakfast and Lunch

Downloadable Map for your GPS device: <https://ridewithgps.com/routes/30025027>

WHATS INCLUDED:

Package Includes:

- 4 nights hotel accommodation (twin share)
Night 1: Beckers Chalets, Night 2: Sunwapta Falls, Night 3: The Crossing Resort, Night 4: Mountaineer Lodge
- Meals: 4 Breakfasts, 4 Lunches, 4 Dinners and unlimited snacks
- Van support during riding days and National Park fees
- Transport for you, your luggage and your bike to Jasper from Edmonton on day 1 and return transport to Edmonton via Calgary and Calgary International Airport from Banff on day 4.
- USB disk with high-quality photos taken during the tour.

OPTIONAL EXTRAS

Package Excludes:

- Breakfast and Lunch on Day 1.
- Single supplement (Own room to yourself during tour) = \$610 + 5% gst.
- Flights into Edmonton and out of Calgary if required.
- Tour guide Gratuity: Optional but appreciated and customary in Canada for good service.
- Accommodation in Edmonton the night before tour.
- Rental Bike = \$220 + 5% gst. (Carbon fork, aluminum frame, hydraulic disk brakes) or Electric Pedal assist bike
- Additional activities
- Alcoholic drinks not included in evening meals.



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More Questions: Please see our [FAQ document online](#) for more general information applicable to all our bike tour itineraries.

Pricing per person: = \$2547 + (\$220 optional rental bike) +5% gst
Single supplement add on (Own room to yourself during tour) = \$610 + 5% gst.

Contact:

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More info: <https://www.mountainmadnesstours.com>